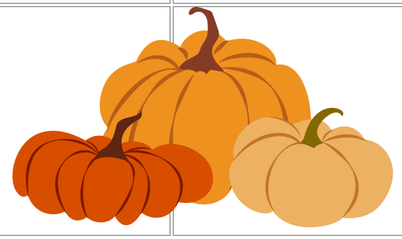
November BC/SLC Memery Care

2026

SUNDAY	MON	TUE	WED	THU	FRI	SAT
1 10am: Sunnybrook Church (Live KTIV) Set Clocks back 1hr	2 10am-Wellness (IP-BC) 10:30-Hand Massage (BC/SLC) 1:00-Board Games (BC/SLC in BC)	3 10am-Rosary-C 10am-Beauty Time BC/SLC -SLC 10:30 -Helping Hands (BC/SLC) 1pm- Wellness (BC/SLC in BC) 4pm-Music Sing Along w/Nate (BC/SLC IN BC) 3pm-5pm-Activities w/ Monica	4 9-11am - Manicures (BC/SLC) 10am- Wellness (IP-BC) 1pm- Wellness (BC/SLC-BC) 1:30 -Bingo (BC/SLC in BC)	5 9am- Finish The Phrase 10:30- Helping Hands BC/SLC in BC 1:30pm- Pumpkin Roll Game (BC) 2pm-Pumpkin Roll Game SLC	6 10am-11:30-One to One's (BC/SLC) 10am-Wellness (IP-BC) 10:30-Fall Trivia (BC/SLC-BC) 1pm- Basketball-SLC 1:30-Basketball-BC 3pm-5pm-Activities with Monica	7 1pm- Music w/ Roger & Nancy (BC/SLC-BC)
8 10am: Sunnybrook Church (Live KTIV)	9 10am-Wellness (IP-BC) 10:45- Devotions (BC/SLC- BC) 1:00-Ring Toss (SLC) 1:30-Ring Toss (BC)	10 10am- Rosary-C 10am-Beauty Time (BC/SLC-SLC) 10:30 -Helping Hands (BC/SLC) 1pm- Wellness (BC/SLC-BC) 3pm-5pm Activities w/Monica	11 9am-11am- Manicures (BC/SLC) 10am-Wellness (IP-BC) 1pm- Veteran's Ceremony - C 1:30-Bingo (BC/SLC in BC)	12 9am: Nursery Rhymes (BC) 9:30-Nursery Rhymes (SLC) 10:30-Helping Hands BC/SLC-BC 1pm- Music w/Jim BC/SLC-BC	13 10am-11:30-One to One's (BC/SLC) 10am-Wellness (IP-BC) 10:30- Hand Massage (BC/SLC) 1pm- Fall Craft (BC/SLC-BC) 3pm-5pm-Activities with Monica	14 1pm- Music w/ Roger & Nancy (BC/SLC-BC)
15 10am: Sunnybrook Church (Live KTIV)	16 10am-Wellness (IP-BC) 10:30-Finish the Phrase (BC/SLC) 1:00-Fall Craft (BC/SLC in BC)	17 10am- Mass-C 10am- Hair Time w/Monica SLC 10:30 - Helping Hands (BC/SLC) 1pm- Wellness (BC/SLC in BC) 4pm- Music Sing Along w/Nate (BC/SLC IN BC) 3pm-5pmActivities w/ Monica	18 SIMPLE SERENITY 9am-11am-Manicures (BC/SLC) 10am- Wellness (IP-BC) 1pm-Wellness (BC/SLC-BC) 1:30-Bingo (BC/SLC in BC) 2:00 Music w/Jan (SLC in BC 2pm-Morningside Church - C	19 9am: Fall Tivia (BC) 9:30-Trivia (SLC) 10:30- Helping Hands BC/SLC-BC 1pm-Music w/Roxie BC/SLC-BC	20 10am-11:30-One to One's (BC/SLC) 10am-Wellness (IP-BC) 10:30-Remeniscing (BC/SLC-BC) 1pm-Pumpkin Roll Game-SLC 1:30-Pumpkin Roll Game-BC 3pm-5pm-Activities with Monica	21 1pm- Music w/ Roger & Nancy (BC/SLC-BC)
22 10am: Sunnybrook Church (Live KTIV)	23 10am-Wellness (IP-BC) 10:45- Devotions (BC/SLC - BC) 1:00-UNO (SLC) 1:30-UNO (BC	24 10am- Rosary-C 10am-Beauty Time (BC/SLC-SLC 10:30 -Helping Hands (BC/SLC) 1pm- Flute w/Lisa (BC/SLC in BC) 3pm-5pm-Activities w/ Monica	25 9am-11am-Manicures (BC/SLC) 10am- Wellness (IP-BC) 1pm-Wellness (BC/SLC-BC 1:30- Bingo (BC/SLC in BC) 2pm-Thanksgiving Church (C)	26 	27 10am-11:30-One to One's 10am-Wellness (IP)-BC 10:30-Social Hour (BC/SLC-BC) 1pm-Sing Along w IN2L (link) 3pm-5pm-Activities with Monica	28 1pm- Music w/ Roger & Nancy (BC/SLC-BC)
29 10am: Sunnybrook Church (Live KTIV)	30 10am-Wellness (IP-BC) 10:30-Remeniscing (BC/SLC) 1:00- Tic Tac Toe (BC/SLC-BC)				**Erin- Life Enrichment Dr** **Lisa- Wellness Coord** **Assistants:** **Monica, Peggy, Brooke, Brittani**	**Actvitiies are subject to Change**