OPEN DINING SERVICE
is available at the following times
APPLEWOOD Breakfast 7:00am
Lunch 11:30am, Supper 5:00pm
EVERGREEN Breakfast 7:00am
Lunch 11:30am, Supper 5:00pm
SUNLIGHT Breakfast 7:30am
Lunch 11:30am, Supper 5:30pm
BERNSTEIN Breakfast 7:30am
Lunch 11:30am, Supper 5:00pm
FOUNTAINVIEW Breakfast 7:00am
Lunch 11:30am, Supper 5:00pm

SUNRISE

November 2026 Dietary Menu

All Meals Include:
Choice of Milk, Ice Water, Coffee, Tea, Iced Tea, Breads, Dinner Rolls, Margarine , and Jellies and Ice Cream
All Menus are Subject to Change
Meals: Guest Mon-Sat Noon/Dinner Price
$11.00 Adults, $8.00 Child under 10yrs.
Guest Sunday & Holiday Noon/Dinner Price
$16.00/ Adults
$10.00 Child under 10 yrs.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 SLOW ROASTED TURKEY STUFFING PAN GRAVY GREEN BEANS ROLL/MARG -OR- SALISBURY STEAK W/ MUSHROOM GRAVY PARSLIED SUNSHINE CARROTS PUMPKIN PIE	**2** PINEAPPLE HAM LOAF MINI BAKER POTATOES BROCCOLI -OR- TACOS CHUCKWAGON CORN BREAD/MARG CRANBERRY PEAR CRISP	**3** BEEF CUBE PEPPER STEAK MASHED POTATOES GRAVY CARROTS -OR- ITALIAN CHICKEN BREAST DICED BEETS CHOCOLATE MINT BROWNIE	**4** BROASTED CHICKEN MASHED POTATOES CHICKEN GRAVY LOADED GREEN BEAN CASSEROLE -OR- BAKED FISH BROCCOLI & CAULIFLOWER ICE CREAM SANDWICH	**5** HONEY LIME PORK TENDERLOIN SMOKEY ROASTED SWEET POTATOES CALIFORNIA BLEND VEGETABLES -OR- HAMBURGER ON BUN WITH LETTUCE/TOMATO DEVILED EGG POTATO SALAD STRAWBERRY CHEESECAKE	**6** BREADED LEMON PEPPER POLLOCK FILET TARTAR SAUCE BAKED POTATO/MARG GARLIC BUTTERED VEGETABLES -OR- COUNTRY FRIED STEAK BUTTERED PEAS RASPBERRY GELATIN DESSERT	**7** PENNE & MEATBALLS TOSS SALAD/ DRESSING GARLIC TOAST -OR- CHICKEN KIEV MALIBU BLEND VEGETABLES SMORE'S PUDDING PARFAIT
8 BAKED PIT HAM AU GRATIN POTATOES BUTTERED PEAS -OR- SWISS STEAK W/TOMATOES STEAMED CAULIFLOWER ROLL/MARG LEMON MERINGUE PIE	**9** ROTISSERIE CHICKEN BREAST GLAZED SWEET POTATOES GREEN BEANS -OR- CLASSIC MEATLOAF SUNSHINE CARROTS BREAD/MARG PUDDING PARFAIT	**10** COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY STEAMED BROCCOLI -OR- BAKED COD MALIBU BLEND VEGETABLES PUMPKIN BLONDIE	**11** BBQ TURKEY PLATTER MINI BAKER POTATOES COWBOY BEANS -OR- HERB CRUSTED PORK STEAK DICED BEETS APPLE CRISP	**12** BEEF POT ROAST HARVEST ROASTED POTATOES, CARROTS & ONIONS -OR- BAKED CHICKEN DRUMSTICK STEAMED CABBAGE ICE CREAM	**13** PARMESAN CRUSTED FISH CREAMY BLUSH PASTA BROCCOLI GARLIC TOAST -OR- BAKED HAM CASCADE BLEND VEGETABLES FROSTED CHOCOLATE CAKE	**14** SWEDISH MEATBALLS MASHED POTATOES GRAVY RIVIERA VEGETABLES -OR- UNSTUFFED GREEN PEPPER CASSEROLE CHUCKWAGON CORN STRAWBERRY CRUNCH
15 BBQ RIBS GARLIC & HERB ROASTED POTATOES GREEN BEANS W/ BACON -OR- ROTISSERIE CHICKEN BREAST GRANDMA'S BAKED BEANS APPLE PIE	**16** SPAGHETTI/ MEATSAUCE CHALET GARLIC BUTTERED VEGETABLES GARLIC TOAST -OR- CHEF SALAD CRACKERS COOKIE FLUFF	**17** BREADED PORK STEAK BAKED POTATO/MARG CASCADE BLEND VEGETABLES -OR- CHICKEN RICE & BROCCOLI CASSEROLE LEMON BURST CAKE	**18** CASHEW CHICKEN RICE ASIAN BLEND VEGETABLES -OR- BAKED HAM STEWED TOMATOES SHERBET	**19** CLASSIC MEATLOAF ROASTED SWEET POTATOES W/ BACON GREEN BEANS -OR- SMOKED SAUSAGE CARROTS BREAD/MARG APPLE CRISP	**20** SALMON CROQUETTE MASHED POTATOES COUNTRY GRAVY BUTTERED PEAS -OR- HAMBURGER ON BUN WITH LETTUCE/TOMATO FRENCH FRIES STRAWBERRY FRUIT WHIP	**21** HAMBURGER CASSEROLE BROCCOLI BREAD/MARG -OR- GRILLED MARINATED CHICKEN MALIBU BLEND VEGETABLES CAKE ROLL
22 BEEF POT ROAST MASHED POTATOES BEEF GRAVY CORN -OR- ROSEMARY PORK STEAK DICED BEETS ROLL/MARG CHERRY PIE	**23** BBQ TURKEY PLATTER BAKED SWEET POTATO BRUSSELS SPROUTS -OR- BAKED HAM COUNTRY STYLE LIMA BEANS BREAD/MARG POKE CAKE	**24** CHICKEN CACCIATORE GARLIC PARMESAN PASTA BROCCOLI -OR- SWISS STEAK W/TOMATOES ROASTED BUTTERNUT SQUASH COOKIES & CREAM BROWNIE	**25** CLASSIC MEATLOAF MINI BAKER POTATOES SWEET PEPPER SLAW -OR- AUTUMN CHICKEN BREAST MALIBU BLEND VEGETABLES ICE CREAM	**26** TRADITIONAL THANKSGIVING MEAL 	**27** CHEESY TUNA CASSEROLE BUTTERED PEAS -OR- POPPY SEED CHICKEN STEWED TOMATOES FROSTED PUMPKIN BAR	**28** FRENCH ONION MEATBALLS HASHBROWN CASSEROLE PARSLIED CAULIFLOWER -OR- BAKED CHICKEN DRUMSTIC KEY WEST VEGETABLES FRUITED GELATIN
29 HONEY GLAZED HAM MASHED POTATOES GRAVY BRUSSELS SPROUTS -OR- SMOKED SAUSAGE ZUCCHINI & TOMATOES BANANA CREAM PIE	**30** SALISBURY STEAK RICE PILAF GLAZED CARROTS -OR- HERB CRUSTED PORK STEAK MIXED VEGETABLES CHOCOLATE ECLAIR					

