

SUNRISE

Senior Living Choices for You

September SLC/BC Memory Care

All activities are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Erin –Life Enrichment Dr Activity Assistants: Lori Monica Peggy Brooke Lisa —Wellness Chris -Beauty Shop		1 <u>One to Ones– All Areas</u> 9:30 - 11:30-BC & SLC 10:00- <u>Rosary-C</u> 10:30- <u>Helping Hands</u> <u>Wellness</u> 1:00– SLC/BC @ SLC <u>Music sing a long w/Nate</u> 4:00 SLC/BC @BC 4-630pm Activities w/Monica	2 <u>Manicures</u> 9:00 BC/10:00 SLC <u>Wellness</u> 1:00 BC/SLC @ BC <u>Bingo</u> 1:30BC/SLC @ BC	3 <u>Puzzle Time</u> 10:00 BC/10:30 SLC <u>Helping Hands</u> 11:00 SLC/BC @ SLC <u>Ring Toss</u> 1:00– SLC/BC @ BC	4 <u>Hand Massages</u> 10:00-BC 10:30 SLC <u>Bean Bag Toss</u> 10:00-BC/SLC @ BC <u>Music w/Dr Adam Poole</u> 1:00 BC/SLC @ BC 4-630pm Activities w/Monica	5 <u>Music w/ Barry Trunk</u> BC/SLC @ BC 1:00
6 10am Sunnybrook Church (Live on KTIV)	7 	8 <u>One to Ones– All Areas</u> 9:30 - 11:30-BC & SLC 10:00- <u>Rosary-C</u> 10:30- <u>Helping Hands</u> <u>Wellness</u> 1:00– SLC/BC @ SLC <u>Walks outside 1:1</u> 4:00 SLC/BC @BC 4-630pm Activities w/Monica	9 <u>Manicures</u> 9:00 BC/10:00 SLC <u>Wellness</u> 1:00 BC/SLC @ BC <u>Bingo</u> 1:30BC/SLC @ BC	10 <u>One to Ones– All Areas</u> 9:30 - 11:30-BC & SLC <u>Helping Hands</u> 11:00 SLC/BC @ SLC <u>Outside Visits</u> 3pm BC/ 3:30 SLC	11 <u>One to Ones– All Areas</u> 9:30 - 11:30-BC & SLC <u>Puzzle Time</u> 10:00-BC/SLC <u>Balloon Volleyball</u> 1:00 BC/SLC @ BC 4-630pm Activities w/Monica	12 <u>Balloon Volleyball</u> BC/SLC @ BC 1:00
13 10am Sunnybrook Church (Live on KTIV) Grandparents Day	14 <u>One to Ones– All Areas</u> 9:30 - 11:30-BC & SLC <u>Devotions</u> 10:00-BC 10:15 SLC <u>Hand Massages</u> 10:30 SLC/BC @ SLC <u>Walks Outside 1:1</u> 1:00 SLC/1:30/BC	15 <u>One to Ones– All Areas</u> 9:30 - 11:30-BC & SLC 10:00- <u>MASS-C</u> 10:30- <u>Helping Hands</u> <u>Music sing a long w/Nate</u> 4:00 SLC/BC @BC 4-630pm Activities w/Monica	16 <u>Manicures</u> 9:00 BC/10:00 SLC <u>Wellness</u> 1:00 BC/SLC @ BC <u>Bingo</u> 1:30BC/SLC @ BC <u>Morningside Lutheran (in person)</u> 2:00– C	17 <u>One to Ones– All Areas</u> 9:30 - 11:30-BC & SLC <u>Helping Hands</u> 11:00 SLC/BC @ SLC <u>Music w/Alex Erwin</u> BC/SLC @ BC 1pm	18 <u>Church with Chaplain Scott</u> 9:00 Chapel <u>Hand Massages</u> 9:30-11:30-BC & SLC <u>Nursery Rhymes</u> 10:00 BC/SLC <u>Crafts</u> 1pm BC/SLC @ BC	19 1:00 Music w/The New Heart Singers in BC/SLC @ BC
20 10am Sunnybrook Church (Live on KTIV)	21 <u>One to Ones– All Areas</u> 9:30 - 11:30-BC & SLC <u>Hand Massages</u> 10:30 SLC/BC @ SLC <u>Color Time</u> 1:00 SLC/3:30/BC	22 <u>One to Ones– All Areas</u> 9:30 - 11:30-BC & SLC 10:00- <u>Rosary-C</u> 10:30- <u>Helping Hands</u> <u>Flute w/Lisa</u> 1:00– SLC/BC @ SLC 4-630pm Activities w/Monica	23 <u>Manicures</u> 9:00 BC/10:00 SLC <u>Wellness</u> 1:00 BC/SLC @ BC <u>Bingo</u> 1:30BC/SLC @ BC	24 <u>One to Ones –All Areas</u> 9:30 - 11:30-BC & SLC <u>Helping Hands</u> 11:00 @ SLC <u>Apple Cider Social</u> 3 SLC/ 3:30 BC	25 <u>One to Ones– All Areas</u> 9:30 - 11:30-BC & SLC <u>Wellness</u> 10:30 SLC/BC Music w/JK Band <u>September Birthdays</u> 1:00 BC/SLC @ BC 4-630pm Activities w/Monica	26 <u>Balloon Volleyball</u> BC/SLC @ BC 1:00
27 10am Sunnybrook Church (Live on KTIV)	28 <u>One to Ones– All Areas</u> 9:30 - 11:30-BC & SLC <u>Devotions</u> 10:00-BC 10:15 SLC <u>Conversation Ball</u> 1:00 SLC/3:30/BC	29 <u>One to Ones– All Areas</u> 9:30 - 11:30-BC & SLC 10:00- <u>Rosary-C</u> 10:30- <u>Helping Hands</u> <u>Garden Visits</u> 1pm– BC/SLC 4-630pm Activities w/Monica	30 <u>Manicures</u> 9:00 BC/10:00 SLC <u>Wellness</u> 1:00 BC/SLC @ BC <u>Bingo</u> 1:30BC/SLC @ BC			