

OPEN DINING SERVICE
is available at the following times:

SUNRISE

Senior Living Choices for You

May 2024 DIETARY MENU



All Meals Include:
Choice of Milk, Ice Water, Coffee, Tea, Iced Tea, Breads, Dinner Rolls, Margarine and Jellies and Ice Cream.
*All Menus are Subject to Change.
Meals: Guest Mon.-Sat. Noon/Dinner Price:
\$7.75/Adults, \$6.50/Child under 10yrs.
***Guest Sunday & Holiday Noon/Dinner Price:** \$10.00/Adults, \$7.00/Child under 10yrs.

APPLEWOOD: Breakfast 7:00am, Lunch 11:30am, Supper 5:00pm,
EVERGREEN: Breakfast 7:00am, Lunch 11:30am, Supper 5:00pm.
SUNLIGHT: Breakfast 7:30am, Lunch 11:30am, Supper 5:30pm.
BERNSTEIN: Breakfast 7:30am, Lunch 11:30am, Supper 5:00pm.
FOUNTAINVIEW: Breakfast 7:00am, Lunch 11:30am, Supper 5:00pm.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>May 1- Country Fried Steak Mashed Potatoes Country Gravy Green Beans —or— Tortellini Chicken Alfredo Italian Blend Veg Garlic Toast Bread/Marg Banana Sour Cream Bar</p>	<p>May 2- Beef Tips w/ Gravy Mashed Potatoes Brussel Sprouts w/ craisins —or— Beef Cube Steak Stewed Tomatoes Bread//Marg Pumpkin Crisp</p>	<p>May 3- Salmon Filet Garden Long Grain & Wild Rice, Riviera Vegetables —or— Cottage Cheese Fruit Plate/ Turkey Slice & Cheese Cubes Bread/Marg Cherry Delight</p>	<p>May 4- Enchilada Crispito Lettuce Tomato Sour Cream Refried beans —or— Crispy Onion Scalloped Potatoes & Ham Roasted Edamame Ice Cream</p>
<p>May 5- Baked Chicken Drumstick Mashed Potatoes Chicken Gravy Green Beans w/ bacon —or— Escalloped Turkey, Squash Dinner Roll Coconut Cream Pie</p>	<p>May 6- Glazed Meatloaf Mashed Sweet Potatoes Beets in orange sauce —or— Cola Glazed Ham, Steamed Broccoli Bread/Marg Lemon Meringue Pie</p>	<p>May 7- BBQ Ribs Party Hashbrown Potatoes Chuckwagon Corn —or— Lemon Herb Chicken Breast Parslied Cauliflower Bread/Marg Ice Cream Sandwich</p>	<p>May 8- Cranberry Citrus Chicken Mashed Potatoes Chicken Gravy Riviera Vegetables —or— Baked Cod Steamed Broccoli Bread/Marg Coffee Cream Dessert</p>	<p>May 9- Pork Medallion Steak w/ Sweet Peppers, Baked Sweet Potato, Wax Beans w/ Pimento —or— Chef Salad Breadstick Gingerbread Cake</p>	<p>May 10- Cheesy Tuna Casserole Buttered Peas —or— Poppyseed Chicken Parslied Sunshine Carrots Bread/Marg Bread Pudding</p>	<p>May 11- Swedish Meatballs w/cream sauce, Mashed Potatoes, Gravy, Broccoli —or— Baked Lemon Pepper Tilapia Tartar Sauce Cascade Blend Vegetables Red Velvet Cake Roll</p>
<p>May 12- Orange Dijon Turkey Mini Baker Potatoes Green Beans —or— Baked Cod Pickled Beets Dinner Roll/Marg Apple Pie</p>	<p>May 13- Lasagna Italian Blend Vegetables Garlic Toast —or— Crispy Onion Scalloped Potatoes & Ham Steamed Broccoli Banana Split Dessert</p>	<p>May 14- Pork Medallion Steak w/ Sweet Peppers, Baked Sweet Potato, Creamed Corn —or— Creamy Beef & Rice Casserole Diced Beets Bread/Marg Upside Down Raspberry Cake</p>	<p>May 15- Swiss Steak Tomatoes Mashed Potatoes Beef Gravy Peas —or— Baked Fish Carrots Bread/Marg Candy Bar Blondie</p>	<p>May 16- Broasted Chicken Mashed Potatoes Chicken Gravy Chuckwagon Corn —or— Hamburger Steak Grandma's Baked Beans Bread/Marg Cherry Crisp</p>	<p>May 17- Battered Fish Tatar Sauce Baked Potato/Sour Cream/Margarine Riviera Vegetables —or— Glazed Meatloaf Steamed Cauliflower Bread/Marg Lemon Meringue Pie</p>	<p>May 18- Creamy Chicken & Vegetables Over Biscuit Garden Salad Bowl —or— Beef Stew Steamed Broccoli Creamy Gelatin</p>
<p>May 19- Molasses Glazed Ham, Au Gratin Potatoes 3 Bean Salad —or— Escalloped Turkey Parslied Sunshine Carrots Dinner Roll/Marg Banana Cream Pie</p>	<p>May 20- Baked Garlic Parmesan Chicken Pasta w/ Marinara Sauce Buttered Peas Garlic Bread -or- Beef & Noodles Pickled Beets Caramel Brownie</p>	<p>May 21- Country Fried Steak Mashed Potatoes Country Gravy Key West Veg —or— Breaded Fish Filet, Toss Salad & Dressing Bread/Marg Ice Cream or Sherbert</p>	<p>May 22- Apricot Glazed Pork Steak Mini Baker Potatoes Squash —or— Poppy Seed Chicken Parslied Carrots Bread/Marg Ambrosia Dessert</p>	<p>May 23- Baked Chicken Drumstick Mashed Potatoes Chicken Gravy Diced Beets —or— Cottage Cheese Fruit Plate Assorted Crackers Bread/Marg Banana Foster Poke Cake</p>	<p>May 24- Breaded shrimp Macaroni & Cheese, Coleslaw —or— Baked Ham Cascade Blend Vegetables Dinner Roll/Butter Carrot Cake Roll</p>	<p>May 25- Salisbury Steak w/ Mushroom Gravy, Cheesy Hashbrowns, Zucchini & Tomatoes —or— BBQ Ribs Creamed Corn Bread /Marg Ice Cream Sandwich</p>
<p>May 26- Roast Beef, Mashed Potatoes Beef Gravy Country Trio Vegetables —or— Poppy Seed Chicken Diced Beets Dinner Roll/Marg Cherry Pie</p>	<p>May 27- Glazed Meatloaf Baked Potato/ Marg/Sour Cream, Steamed Broccoli, Garlic Bread —or— Baked Lemon Pepper Tilapia Parslied Sunshine Carrots Chocolate Peanut Butter Quake</p>	<p>May 28- Apple Butter Pork Steak, Mashed Sweet Potatoes, Zucchini & Tomatoes —or— Chef Salad Crackers Bread/Marg Ice Cream</p>	<p>May 29- Country Fried Steak Mashed Potatoes Country Gravy Green Beans —or— Tortellini Chicken Alfredo Italian Blend Veg Garlic Toast Bread/Marg Banana Sour Cream Bar</p>	<p>May 30- Beef Tips w/ Gravy Mashed Potatoes Brussel Sprouts w/ craisins —or— Beef Cube Steak Stewed Tomatoes Bread//Marg Pumpkin Crisp</p>	<p>May 31- Salmon Filet Garden Long Grain & Wild Rice, Riviera Vegetables —or— Cottage Cheese Fruit Plate/ Turkey Slice & Cheese Cubes Bread/Marg Cherry Delight</p>	