

OPEN DINING SERVICE
is available at the following times:

APPLEWOOD: Breakfast 7:00am,
Lunch 11:30am, Supper 5:00pm,
EVERGREEN: Breakfast 7:00am,
Lunch 11:30am, Supper 5:00pm.
SUNLIGHT: Breakfast 7:30am,
Lunch 11:30am, Supper 5:30pm.
BERNSTEIN: Breakfast 7:30am,
Lunch 11:30am, Supper 5:00pm.
FOUNTAINVIEW: Breakfast 7:00am,
Lunch 11:30am, Supper 5:00pm.

SUNRISE

Senior Living Choices for You

April 2024 DIETARY MENU



Wendy Barbee
DIETARY MANAGER

All Meals Include:
Choice of Milk, Ice
Water, Coffee, Tea, Iced
Tea, Breads, Dinner
Rolls, Margarine and
Jellies and Ice Cream.
*All Menus are Subject
to Change.
Meals: Guest Mon.-Sat.
Noon/Dinner Price:
\$7.75/Adults, \$6.50/
Child under 10yrs.
***Guest Sunday &
Holiday Noon/Dinner
Price:** \$10.00/Adults,
\$7.00/Child under 10yrs.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	April 1- Glazed Meatloaf Baked Potato/ Marg/Sour Cream, Steamed Broccoli, Garlic Bread —or— Baked Lemon Pepper Tilapia Parslied Sunshine Carrots Chocolate Peanut Butter Quake	April 2- Apple Butter Pork Steak, Mashed Sweet Potatoes, Zucchini & Tomatoes —or— Chef Salad Crackers Bread//Marg Ice Cream	April 3- Country Fried Steak Mashed Potatoes Country Gravy Green Beans —or— Tortellini Chicken Alfredo Italian Blend Veg Garlic Toast Bread/Marg Banana Sour Cream Bar	April 4- Beef Tips w/ Gravy Mashed Potatoes Brussel Sprouts w/ craisins —or— Beef Cube Steak Stewed tomatoes Bread//Marg Pumpkin Crisp	April 5- Salmon Filet Garden Long Grain & Wild Rice, Riviera Vegetables —or— Cottage Cheese Fruit Plate/ Turkey Slice & Cheese Cubes Bread/Marg Cherry Delight	April 6- Enchilada Crispito Lettuce Tomato Sour Cream Refried beans —or— Crispy Onion Scalloped Potatoes & Ham Roasted Edamame Ice Cream
	April 7- Baked Chicken Drumstick Mashed Potatoes Chicken Gravy Green Beans w/ bacon —or— Escalloped Turkey, Squash Dinner Roll Coconut Cream Pie	April 8- Glazed Meatloaf Mashed Sweet Potatoes Beets in orange sauce —or— Cola Glazed Ham, Steamed Broccoli Bread/Marg Lemon Meringue Pie	April 9- BBQ Ribs Party Hashbrown Potatoes Chuckwagon Corn —or— Lemon Herb Chicken Breast Parslied Cauliflower Bread/Marg Ice Cream Sandwich	April 10- Cranberry Citrus Chicken Mashed Potatoes Chicken Gravy Riviera Vegeta- bles —or— Baked Cod Steamed Broccoli Bread/Marg Coffee Cream Dessert	April 11- Pork Medallion Steak w/ Sweet Peppers, Baked Sweet Potato, Wax Beans w/ Pimento —or— Chef Salad Breadstick Gingerbread Cake	April 12- Cheesy Tuna Casserole Buttered Peas —or— Poppyseed Chicken Parslied Sunshine Carrots Bread/Marg Bread Pudding
April 14- Orange Dijon Turkey Mini Baker Potatoes Green Beans —or— Baked Cod Pickled Beets Dinner Roll/Marg Apple Pie	April 15- Lasagna Italian Blend Vegetables Garlic Toast —or— Crispy Onion Scalloped Potatoes & Ham Steamed Broccoli Banana Split Dessert	April 16- Pork Medallion Steak w/ Sweet Peppers, Baked Sweet Potato, Creamed Corn —or— Creamy Beef & Rice Casserole Diced Beets Bread/Marg Upside Down Raspberry Cake	April 17- Swiss Steak Tomatoes Mashed Potatoes Beef Gravy Peas —or— Baked Fish Carrots Bread/Marg Candy Bar Blondie	April 18- Broasted Chicken Mashed Potatoes Chicken Gravy Chuckwagon Corn —or— Hamburger Steak Grandma's Baked Beans Bread/Marg Cherry Crisp	April 19- Battered Fish Tatar Sauce Baked Potato/Sour Cream/Margarine Riviera Vegetables —or— Glazed Meatloaf Steamed Cauliflower Bread/Marg Lemon Meringue Pie	April 20- Creamy Chicken & Vegetables Over Biscuit Garden Salad Bowl —or— Beef Stew Steamed Broccoli Creamy Gelatin
April 21- Molasses Glazed Ham, Au Gratin Potatoes 3 Bean Salad —or— Escalloped Turkey Parslied Sunshine Carrots Dinner Roll/Marg Banana Cream Pie	April 22- Baked Garlic Parmesan Chicken Pasta w/ Marinara Sauce Buttered Peas Garlic Bread —or— Beef & Noodles Pickled Beets Caramel Brownie	April 23- Country Fried Steak Mashed Potatoes Country Gravy Key West Veg —or— Breaded Fish Filet, Toss Salad & Dressing Bread/Marg Ice Cream or Sherbert	April 24- Apricot Glazed Pork Steak Mini Baker Potatoes Squash —or— Poppy Seed Chicken Parslied Carrots Bread/Marg Ambrosia Dessert	April 25- Baked Chicken Drumstick Mashed Potatoes Chicken Gravy Diced Beets —or— Cottage Cheese Fruit Plate Assorted Crackers Bread/Marg Banana Foster Poke Cake	April 26- Breaded shrimp Macaroni & Cheese, Coleslaw —or— Baked Ham Cascade Blend Vegetables Dinner Roll/Butter Carrot Cake Roll	April 27- Salisbury Steak w/ Mushroom Gravy, Cheesy Hashbrowns, Zucchini & Tomatoes —or— BBQ Ribs Creamed Corn Bread /Marg Ice Cream Sandwich
April 28- Roast Beef, Mashed Potatoes Beef Gravy Country Trio Vegetables —or— Poppy Seed Chicken Diced Beets Dinner Roll/Marg Cherry Pie	April 29- Glazed Meatloaf Baked Potato/ Marg/Sour Cream, Steamed Broccoli, Garlic Bread —or— Baked Lemon Pepper Tilapia Parslied Sunshine Carrots Chocolate Peanut Butter Quake	April 30- Apple Butter Pork Steak, Mashed Sweet Potatoes, Zucchini & Tomatoes —or— Chef Salad Crackers Bread/Marg Ice Cream				