

March 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 2:00 Church & Communion Service Sunrise Chaplain Chapel	2 8:00 Men's Group-ALDR 9:15 Helping Hands-C 10:00 Balance Fitness-C 1:00 Wellness –BB 2:00 Bingo-Chapel NF/BB/AL	3 9:00 One to Ones 10:00 Brain Power-IP 10:00 Rosary/Communion-C 2:00 Hymn History –C 2:30 Coffee and Cookies-C 3:00– Wellness-FVDR	4 9:15 Coffee/Prayer– C 10:00 Stretch & Flex-IP 1:00 Wellness-BB 2:00 Bean Bag Toss– IP 3:00 Grief Support –Board Room	5 9:00 One to Ones 10:00 Active Mind-IP 11:30 Pizza Party-IP 2:00 Bowling	6 9:00 Manicures-IP 9:15 Helping Hands-C 10:00 Balance Fitness-IP 1:00 Wellness-BB 2:00 Reminiscing & Coffee-IP	7 2:00 Dixie Daddy's-C
8 2:00 Church- Sunrise Chaplain- Chapel <i>*Daylight Saving Time Set your clocks ahead*</i>	9 8:00 Men's Group-ALDR 9:15 Helping Hands-C 10:00 Balance Fitness-C 1:00 Wellness –BB 2:00 Bingo-Chapel NF/BB/AL 3:00 NF Resident	10 9:00 One to Ones 10:00 Brain Power-IP 10:00 Rosary/Communion-C 2:00 Music w/Nate-C 3:00– Wellness-FVDR	11 9:15 Coffee/Prayer– C 10:00 Stretch & Flex-IP 10:30 Chili Social –IP 1:00 Wellness-BB 2:00 Lamplighter's- C 3:00 Grief Support –Board Room	12 9:00 One to Ones 10:00 Active Mind-IP 12:45 Spalding School *All neighborhoods*	13 9:00 Manicures-IP 9:15 Helping Hands-C 10:00 Balance Fitness-IP 1:00 Wellness-BB 2:00 Music w/Heidi-C	14 2:00 Movie & Popcorn National Geographic "Parks"-C
15 2:00 Church- Sunrise Chaplain- Chapel	16 8:00 Men's Group-ALDR 9:15 Helping Hands-C 10:00 Balance Fitness-C 1:00 Wellness –BB 2:00 Bingo-Chapel NF/BB/AL	17 9:00 One to Ones 10:00 Brain Power-IP 10:00 Rosary/Communion-C 2:00 Celebration of Life-C 2:30 St Patrick Party 3:00– Wellness-FVDR <i>Happy St. Patrick's Day!</i>	18 9:15 Coffee/Prayer– C 10:00 Stretch & Flex-IP 1:00 Wellness –BB 2:00 Penny Ante-C 3:00 Grief Support –Board Room	19 9:00 One to Ones 10:00 Active Mind-IP 2:00 Card/Board games–IP <i>Spring begins</i>	20 9:00 Manicures-IP 9:15 Helping Hands-C 10:00 Balance Fitness-IP 1:00 Wellness –BB 1:30 Shopping Dollar Tree (FV only)	21 2:00 Gary and Dani -IP
22 2:00 Church-Chapel Sunrise Chaplain	23 8:00 Men's Group-ALDR 9:15 Helping Hands-C 10:00 Balance Fitness -IP 1:00 Wellness –BB 2:00 Bingo-C	24 9:00 One to Ones 10:00 Brain Power-IP 10:00 Mass/Communion-C 2:00 Communion-C 2:30 Coffee and Cookies-C 3:00– Wellness-FVDR	25 9:15 Coffee/Prayer– C 10:00 Stretch & Flex-IP 1:00 Wellness –BB 2:00 Arts and Crafts –C 3:00 Grief Support –Board Room	26 9:00 One to Ones 10:00 Active Mind-IP 2:00 March Birthday Party-C Music w/ Dixie Daddy's	27 9:00 Manicures-IP 9:15 Helping Hands-C 10:00 Balance Fitness-IP 1:00 Wellness-BB 2:00 Music with Aaron Shoemaker- IP	28 10:00 <i>AL Resident Council 2nd floor</i> 2:00 Bean Bag Toss-C
29 2:00 Church-Chapel Sunrise Chaplain	30 8:00 Men's Group-ALDR 9:15 Helping Hands-C 10:00 Balance Fitness -IP 1:00 Wellness –BB 2:00 Bingo-C NF/BB/AL	31 9:00 One to Ones 10:00 Brain Power-IP 10:00 Rosary/Communion-C 2:00 Bible Bingo-C 3:00– Wellness-FVDR			Activity staff: Erin Anderson, Director Carol Starch, Assistant Jordan Gorski, Assistant Kris O'Neill, Assistant Scott Squires, Pastor Brooke Williams, Wellness	ALDR-AL Dining Room AW-Applewood C-Chapel/Comm Life E-Evergreen FV-Fountain View IP– Indoor Park